



# Women's Half Day Retreat

*Be Not Afraid: Finding Strength During Difficult Times*

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- When:** Saturday, September 18th
- Time:** 9 am until noon with lunch to follow
- Where:** Saint Matthew Gathering Room
- Contact:** Deacon Tammy via email or cell  
deacontammy@saint-matthew.org  
714-422-5428
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A faith led discussion on how true strength comes from leaning on God in all situations and using your gifts to shine His light to the world around you when it needs strength.